



# CHECKLIST: LENACAPAVIR STEP-BY-STEP PROCESS

THE INVITE-HOME STUDY

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# MATERIALS

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# STEP #1: VERIFY PRESCRIPTION

Ensure the box contains lenacapavir and that the name on the kit matches the person receiving the injection.

Inside each box should be:

- 2 vials of lenacapavir (1.5ml each)
- 2 syringes
- 2 withdrawal needles (18 gauge, 1.5")
- 2 injection needles (22 gauge, 0.5")



# STEP #2: GATHER AND ORGANIZE

## Supplies

Lenacapavir injection kit

Gloves

Alcohol swabs

Sterile gauze

Sterile pad

Adhesive bandages

Sharps disposal container

## Location

Choose a well-lit area

Assemble all supplies on a clean,  
easily accessible surface

# STEP #3: INSPECT BOTH VIALS

Check the expiration date on both vials.

Do not use if expired.

Ensure medication is yellow and free from particles or discoloration.

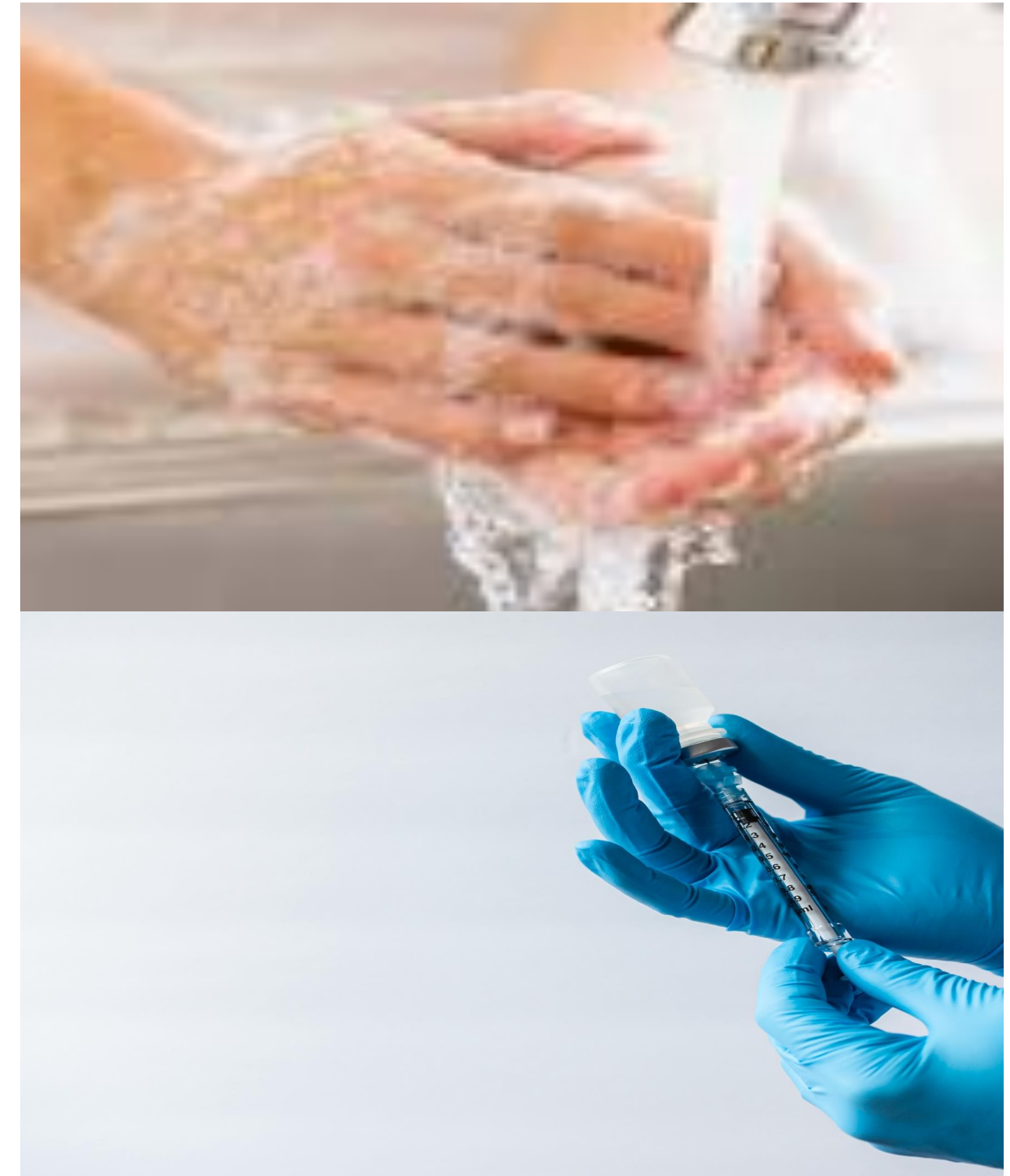
If you notice any abnormalities, do not use it.



# STEP #4: WASH YOUR HANDS AND PUT ON GLOVES

Wash hands and put on gloves.

Consider applying ice before injection at injection site to reduce pain.



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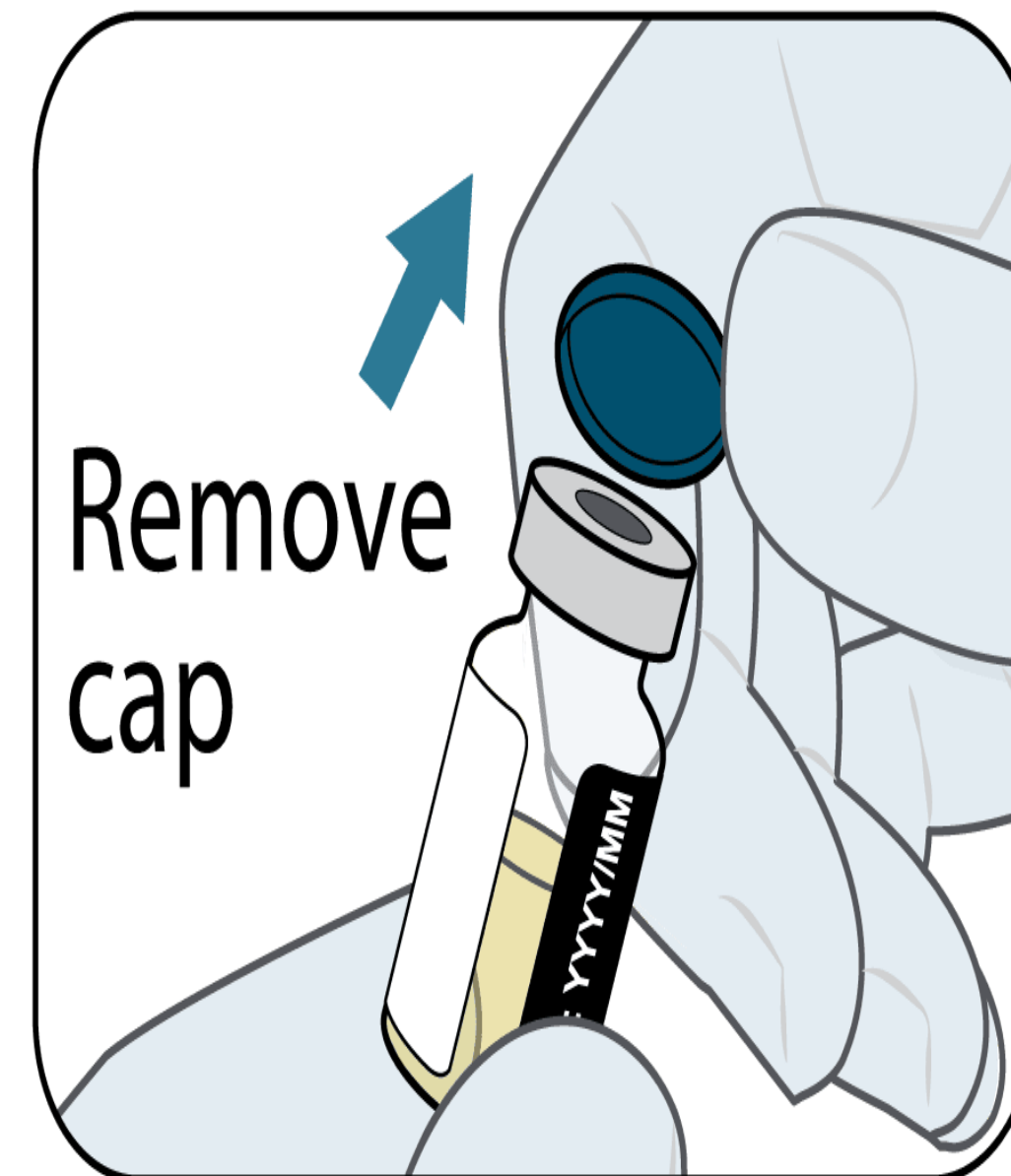
# PREPARING THE INJECTIONS

# STEP #5: REMOVE THE VIAL CAP

Remove the vial cap.

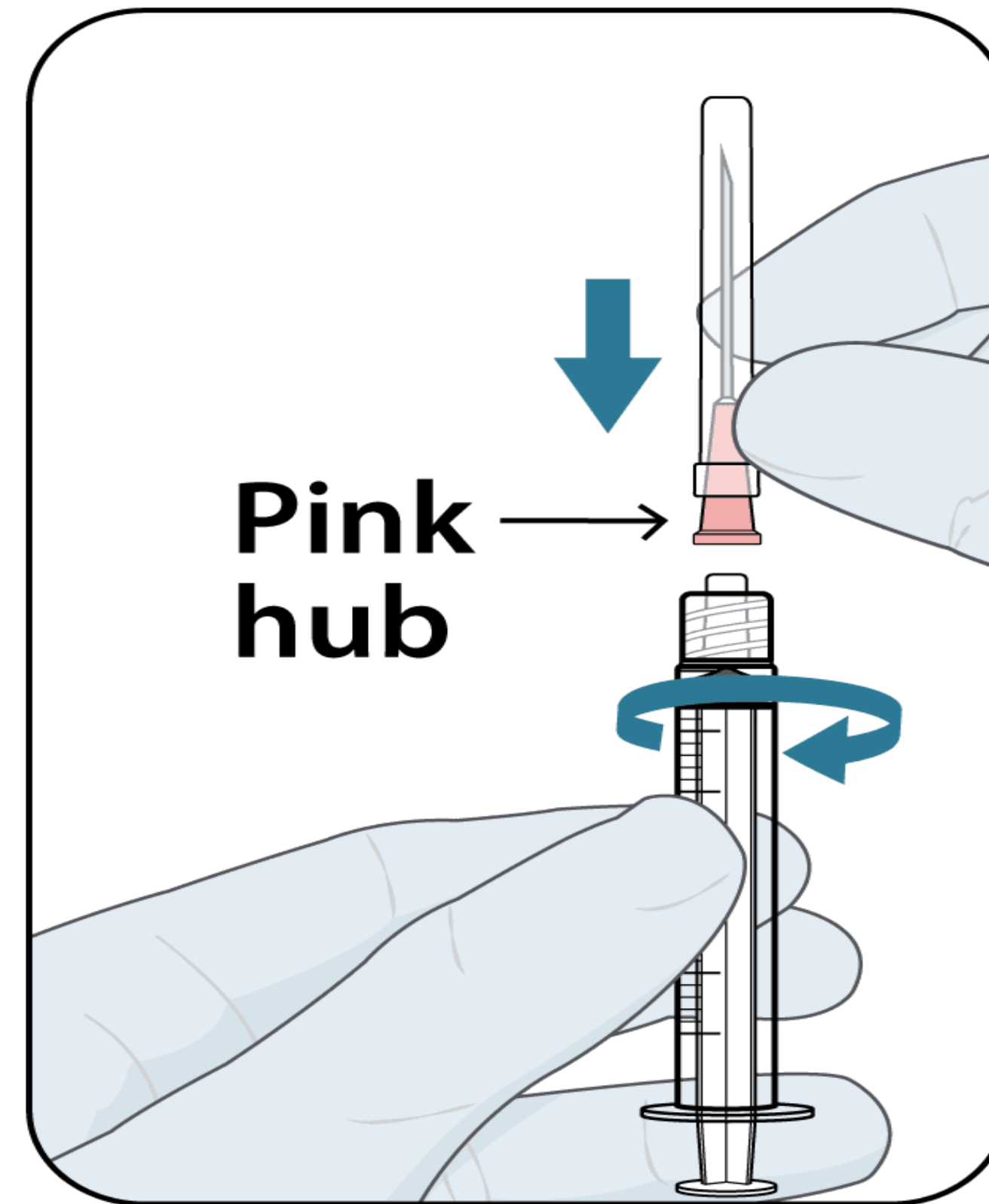
Vigorously wipe rubber stopper with an alcohol wipe.

Do not allow anything to touch the rubber stopper after wiping it.



# STEP #6: ATTACH NEEDLE

Attach the 18-gauge, 1.5-inch pink withdrawal needle to the syringe.

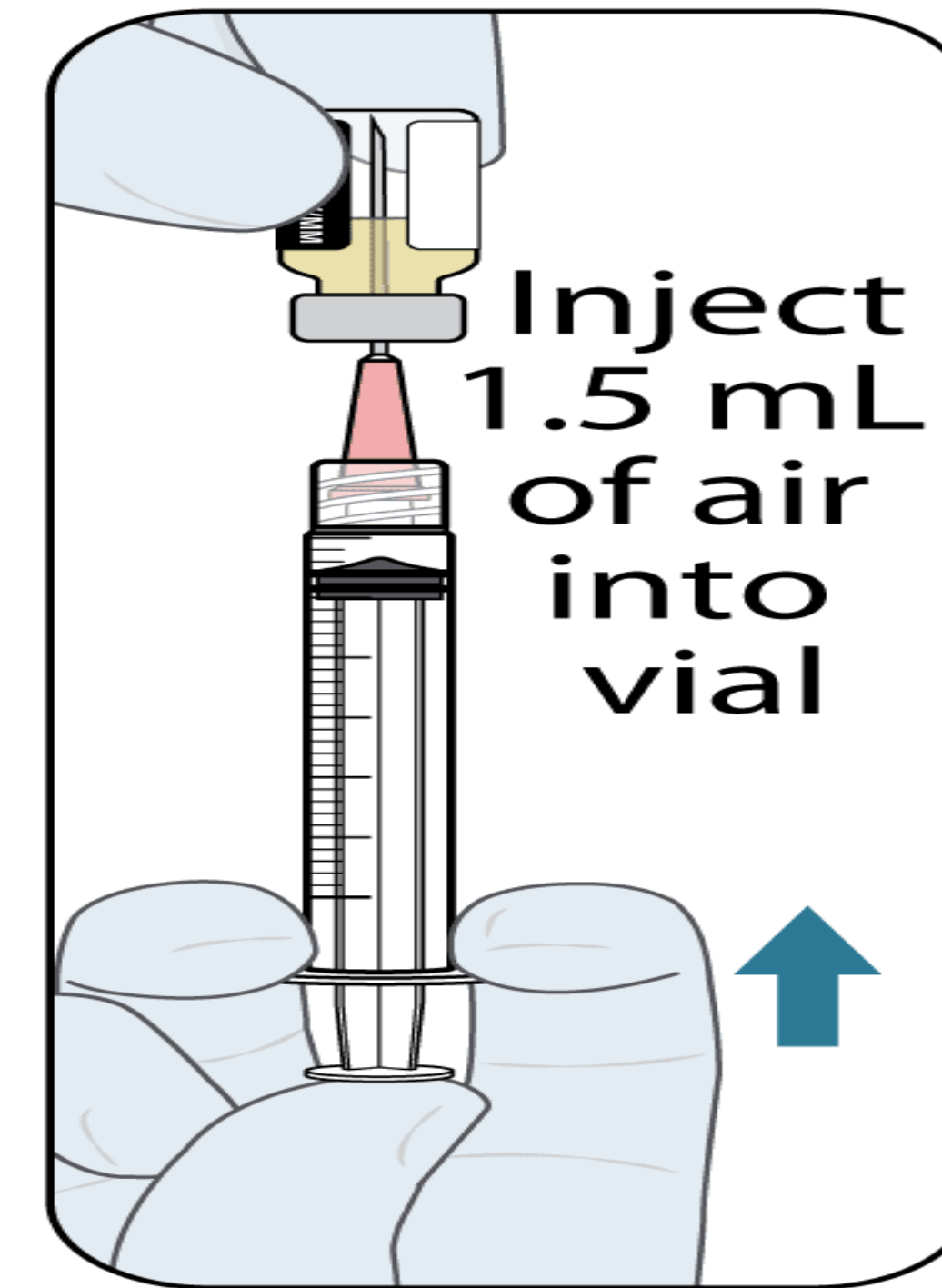


# STEP #7A: INJECT AIR

Draw back 1.5 ml of air into the syringe.

Holding vial on a flat surface, insert needle into vial with rubber stopper.

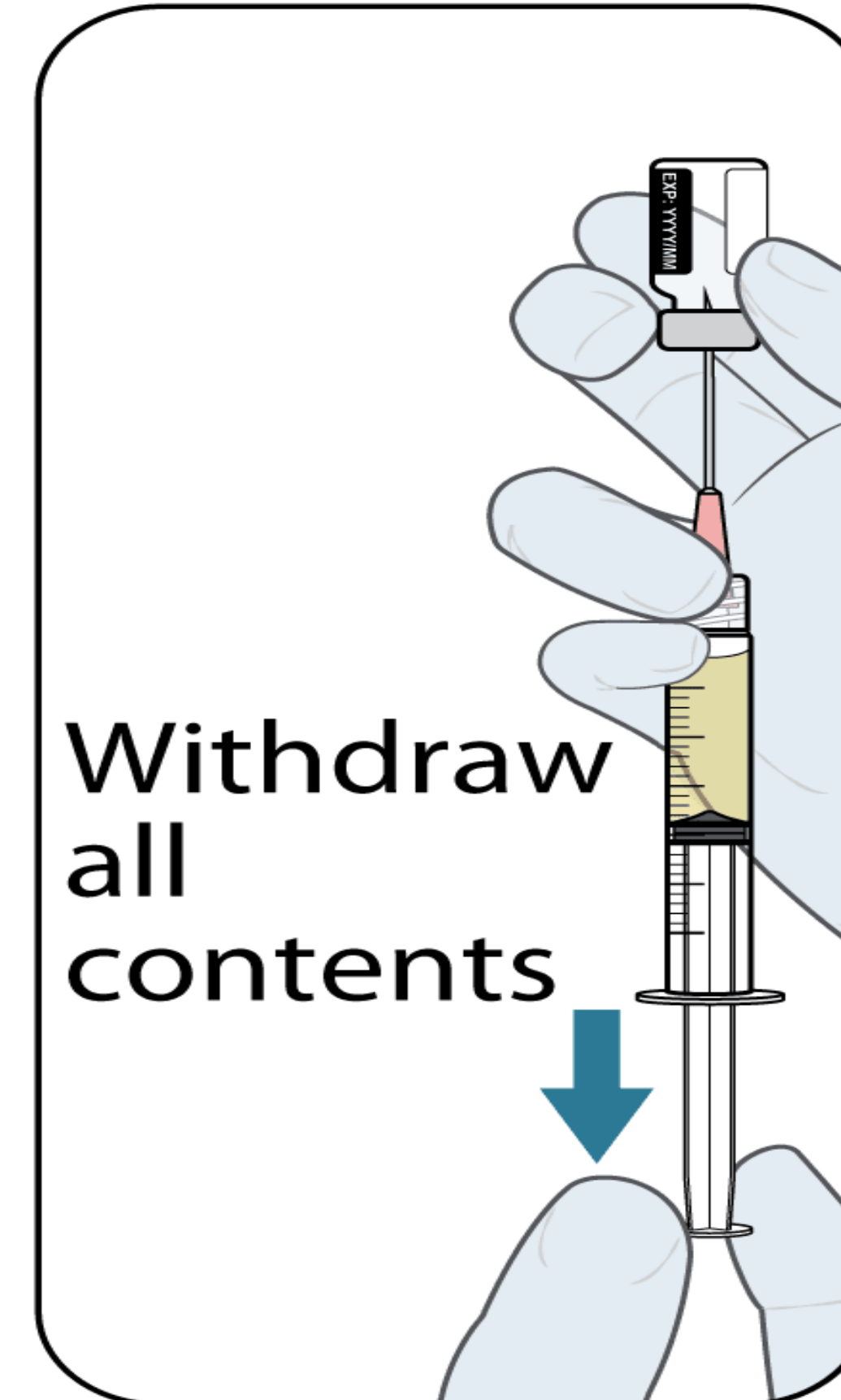
Fully inject the 1.5ml of air by depressing plunger fully.



# STEP #7B: DRAW UP DOSE

Turn syringe and vial upside down and slowly withdraw as much of the medicine as possible into the syringe.

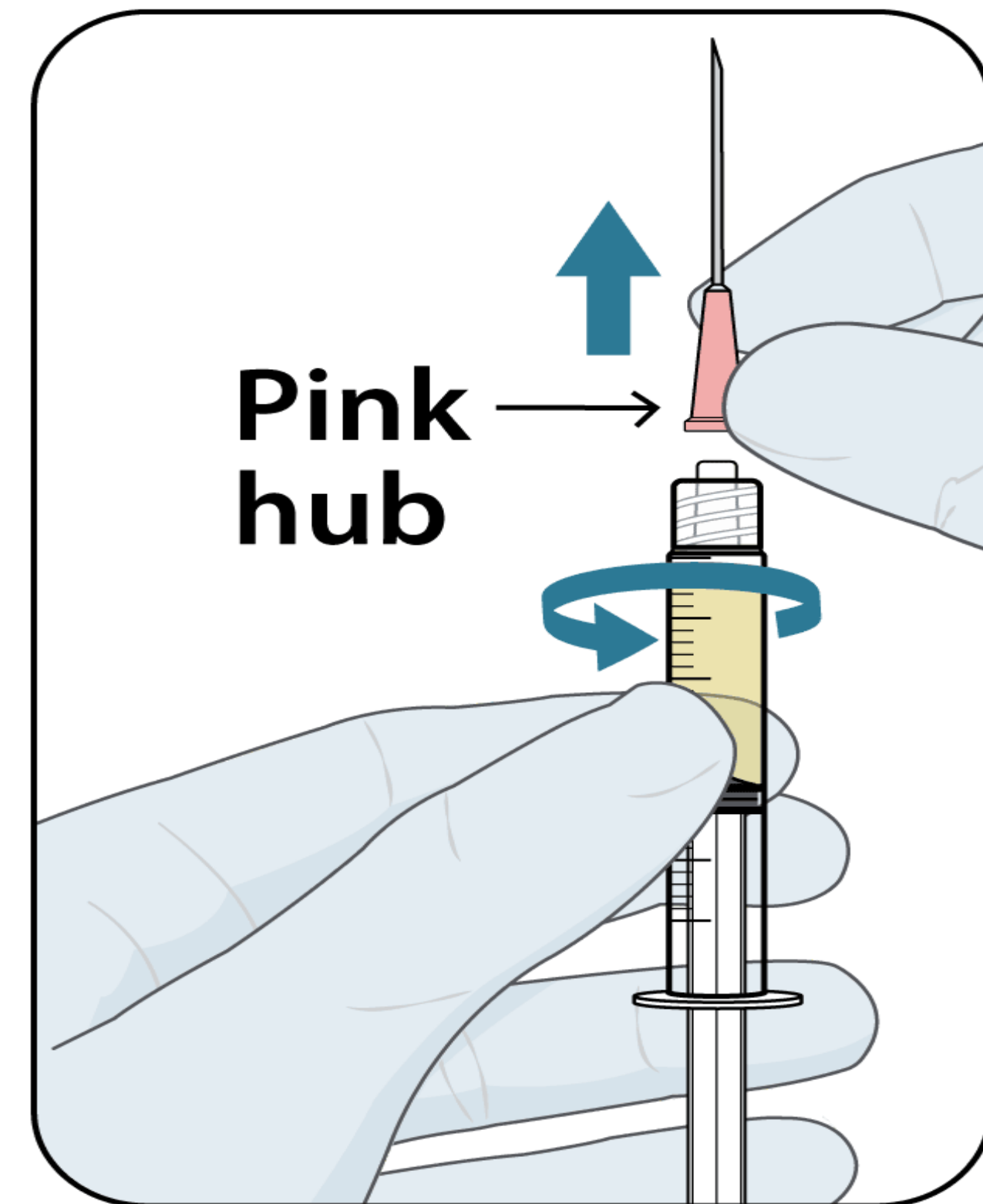
It's okay to draw more medicine than the dose.



# STEP #8: REMOVE PINK WITHDRAWAL NEEDLE

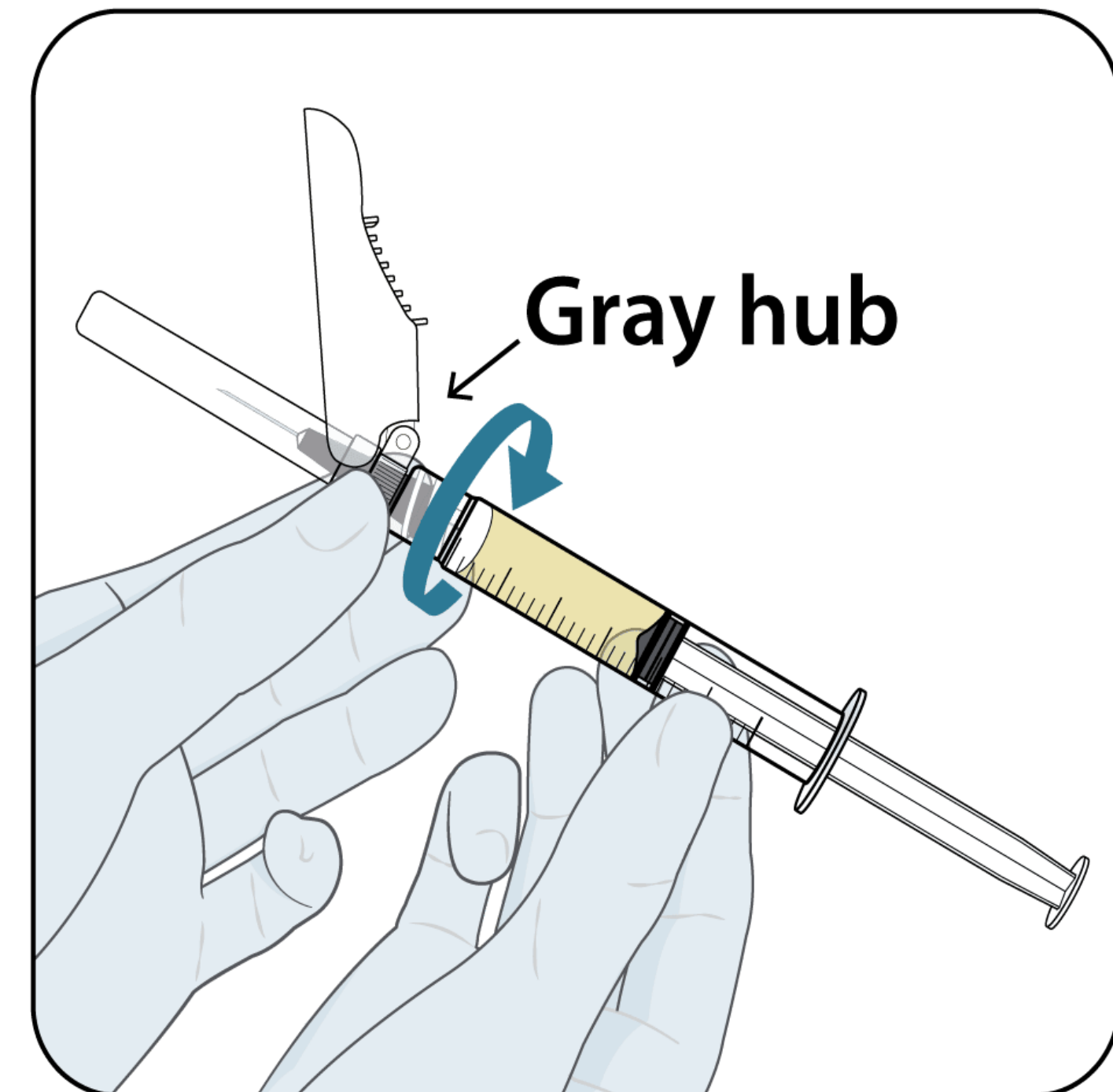
Remove withdrawal needle by pulling pink hub away from the syringe.

Dispose of withdrawal needle in sharps container.



# STEP #9A: REPLACE WITH GRAY INJECTION NEEDLE

Replace the pink drawing needle with the gray 22-gauge injection needle.



# STEP #9B: PRIME NEEDLE

Prime needle by pushing liquid up to 1.5ml line and expelling any air bubbles and excess medication.



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# ADMINISTERING THE INJECTIONS

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# STEP #10: CHOOSE INJECTION SITE

Abdomen, 2" from navel is recommended site.

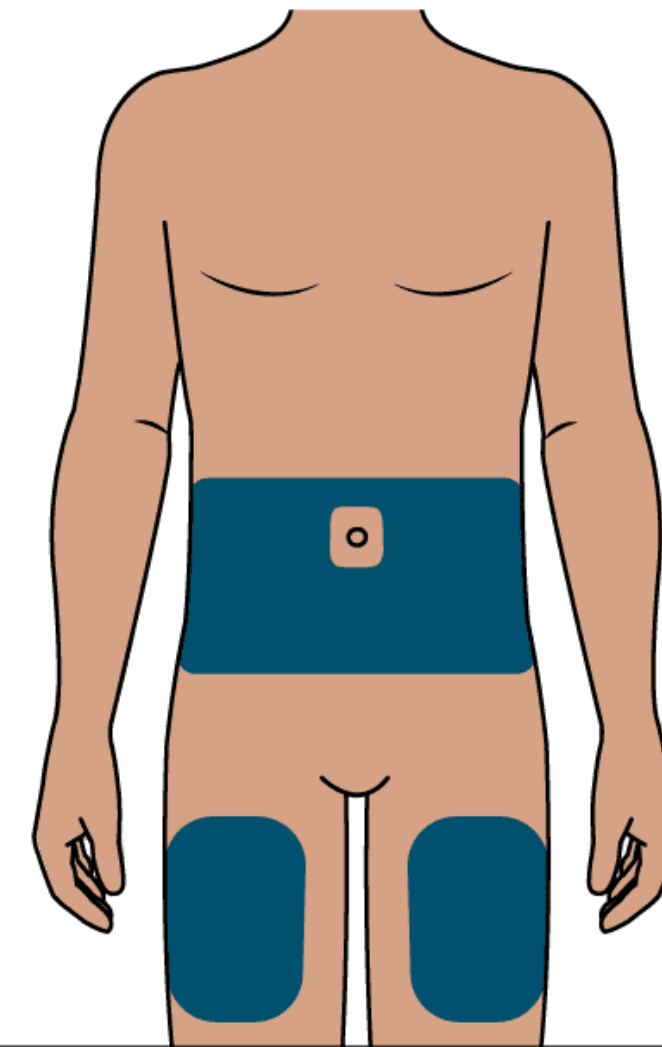
Alternatively, thigh injections may be used if approved by provider.

2 injection sites should be at least 4 inches from each other.

Find a site that allows you to pinch enough skin to inject medication.

Areas with more body fat may give you more skin to pinch.

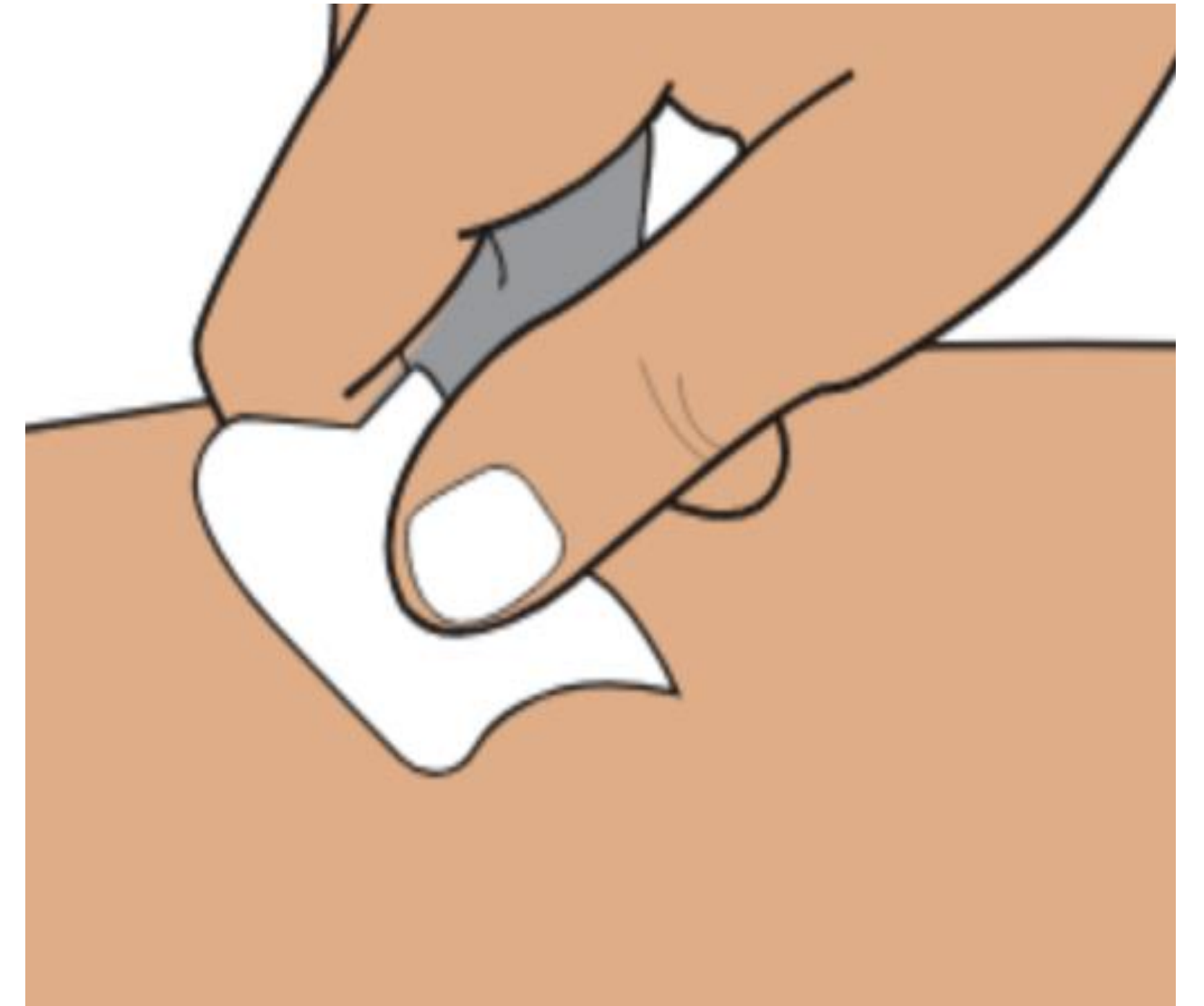
● = Injection site options (at least 2 inches from navel)



# STEP #11A: PREPARE SITE

Clean injection site with an alcohol wipe in a circular motion moving from the center outward.

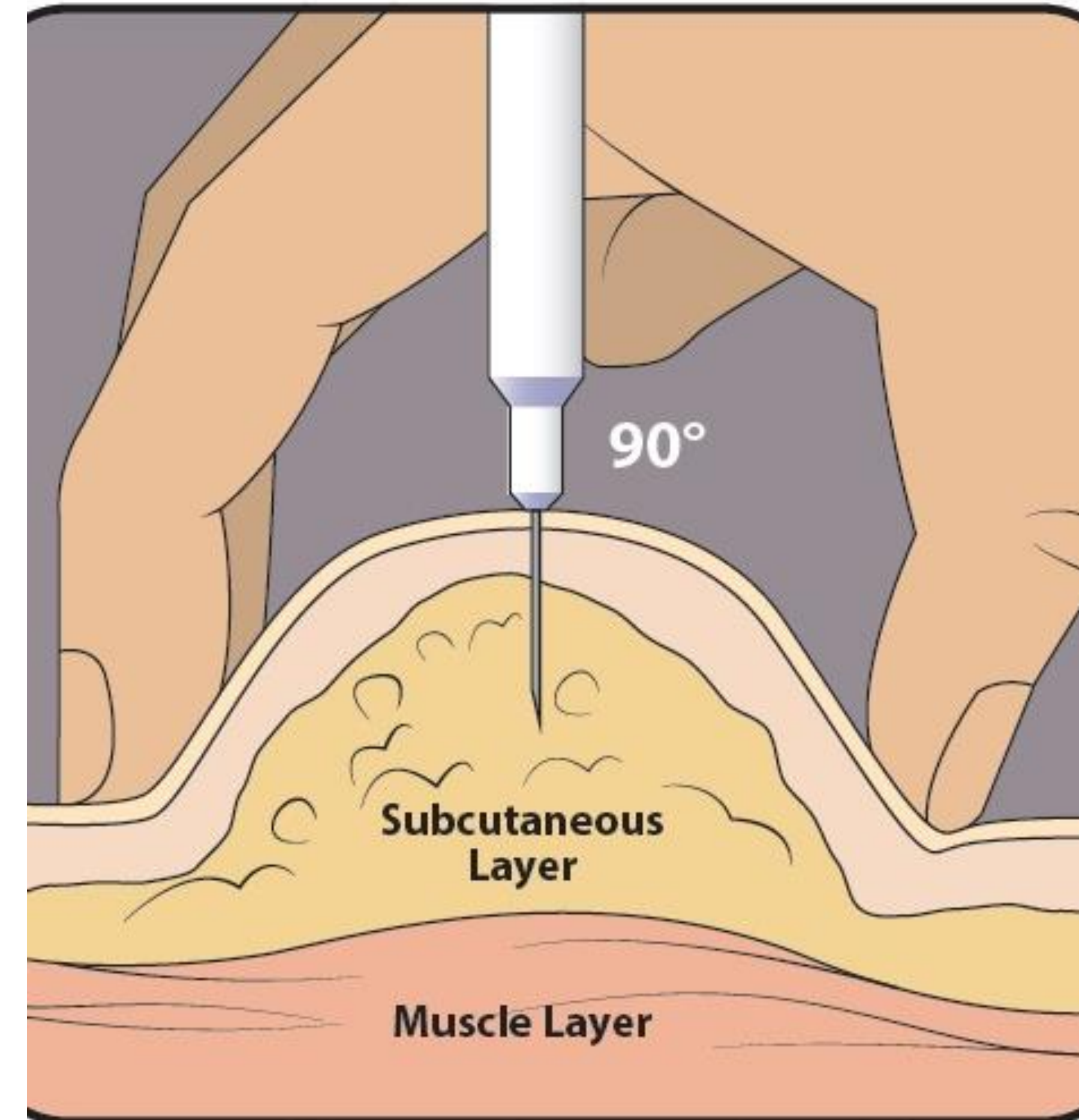
Allow to air dry.



# STEP #11B: PINCH THE SKIN

Gently pinch a broad portion of skin at the injection site.

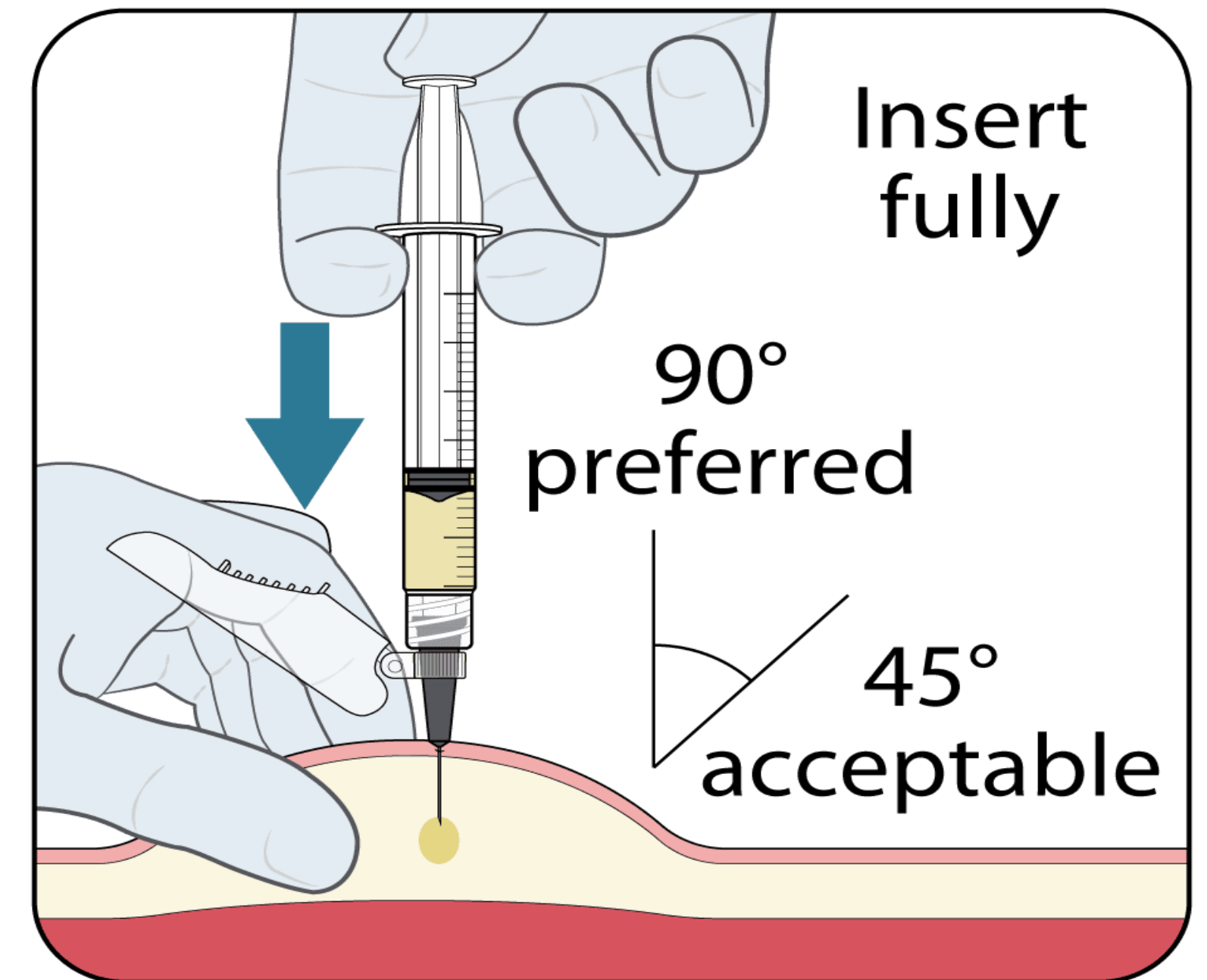
Make sure the pinch is gentle to avoid injecting into compressed tissue.



# STEP #11C: INJECT THE MEDICATION

Fully insert needle at an angle between 45 and 90 degrees.

A 90-degree angle is preferred to help you inject into the subcutaneous layer.

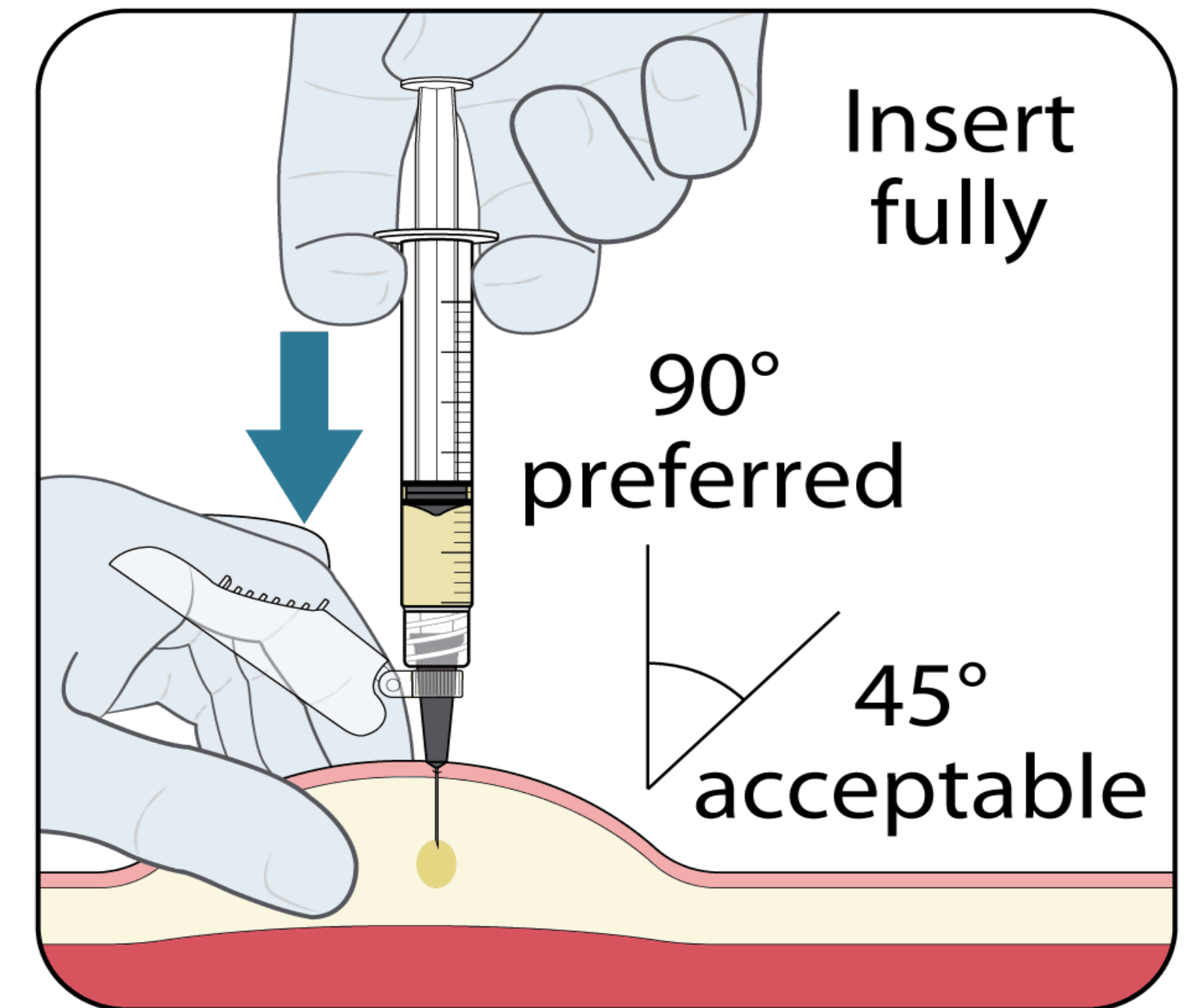


# STEP #11D: TAKE IT SLOW AND STEADY

Depress plunger to inject solution.

Lenacapavir is a thick solution.

Inject at a slow and steady pace until all liquid in the syringe is fully dispensed.



# STEP #12: WITHDRAW NEEDLE

Fully withdraw needle at the same angle that you inserted it.

Engage safety mechanism against a hard surface and immediately dispose of in sharps container.



# STEP #13: ASSESS SITE

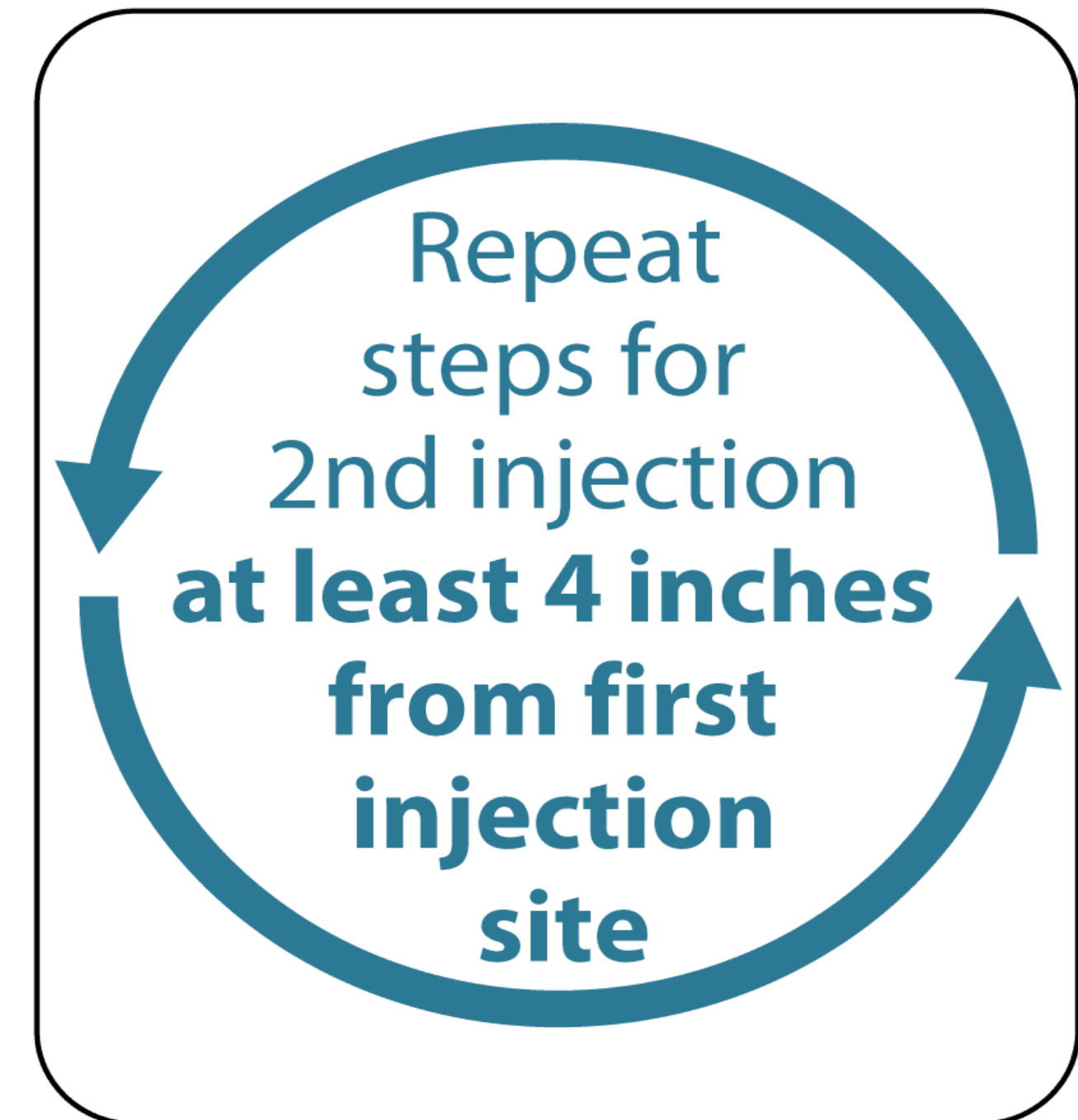
Apply pressure to the site with gauze as needed for any residual solution or bleeding.

Apply a bandage if necessary.



# STEP #14: REPEAT STEPS 5-13

Repeat steps 5-13 for the other vial and inject at least 4 inches from the first injection site.



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# POST INJECTION

# INJECTION SITE PAIN REDUCTION STRATEGIES

Ice site before and/or after injection.

Over-the-counter pain relievers such as acetaminophen or ibuprofen may be used if agreed upon previously with provider.

\*Note: A nodule (hard bump) under the skin may be felt by most people after the injection and may last several months.



# THANK YOU!

Contact us for more info

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